



KA1 ERASMUS+ COURSES FOR TEACHERS AND TRAINERS  
**BUILDING TEAM SPIRIT AMONG EDUCATIONAL STAFF**

### Objectives

- ✓ Describe the team-building process and roles in team
- ✓ Demonstrate effective communication skills
- ✓ Identify the role of team leader
- ✓ Acquire effective motivation tools
- ✓ Explore strengths and potential of well-structured and balanced team

### Target group

The course is addressed to school directors, secondary school teachers, VET teachers, VET trainers, school administrators, managers of enterprises and officers working in public bodies and schools who wish to acquire the skills to build and maintain atmosphere of active participation in team and healthy and productive work relationships.

### Language of course

This course can be provided in English

### Programme

#### Day 1 – 5 hours

- Introduction of participants. Ice-breakers
- Introduction to seminar content

#### General introduction

- Group Dynamics
- Phases of group development.
- Four behavioural styles

#### Team

- Team structure. Role division. Team objectives. Decision making. Trust
- Team crisis. Limits and obstacles in team work
- Individual value of each team member – Appreciated diversity.
  
- Open discussion. Questions, doubts

#### Day 2 – 5 hours

##### Communication

- Different communication styles
- Verbal and Nonverbal communication
- Active listening
- Rephrasing to reach out
- Practical activities. Group work

#### Day 3 – 5 hours

##### Team Leader

- Team leader as a group mediator
- Boundaries in team leading
- Different leading approaches
- Practical activities. Group work

**ESMOVIA**  
Training and Mobility

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**Day 4 – 5 hours**

**Motivation and progress**

- Triggers and Inhibitors of motivation
- Progress as a process
- Self- and group motivation
- Practical activity. Group work
- Self-evaluation

**Day 5 – 5 hours**

**Practical session**

- Professional visit to a school
- Meeting with teachers and students
- Evaluation and certification
- Farewell dinner

**Fees**

Course fee: 350,00 € (VAT included if sending org. has Intracomunitary VAT)

Amount includes:

- ✓ Preparation for the course
- ✓ Tuition
- ✓ Training materials
- ✓ Administration costs
- ✓ Organizational costs
- ✓ Professional visit to school
- ✓ Small city tour in Valencia
- ✓ Farewell dinner

**Requirements**

Minimum of 8 participants. For smaller groups, contact us.

**Contact**

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