



# TEAM BUILDING IN THE SCHOOL

## Objectives

The objectives of this course are:

- Understand the team-building process and the stages of group development.
- Demonstrate effective communication skills.
- Identify the role of team leader in the process of building team spirit.
- Acquire effective motivation tools.
- Explore strengths and potential of well-structured and balanced team in schools.

## Target Group

The course is addressed to primary, secondary and adult school teachers and directors, VET teachers, VET trainers, school administrators, managers of enterprises and officers working in an educational institution, who wish to acquire the skills to build and maintain an atmosphere of active participation in team and healthy and productive work relationships.

## Language of course

This course will be provided in English. It is requested to all participants to have a level of English enough to understand the trainer and to interact and participate actively in the course.

## Methodology

The approach used is highly practical and based on the previous professional experiences that the trainer has been accumulating in this field.

The course combines learning by doing methodologies with the transmission of contents and requires the active participation of the group in order to achieve the most satisfactory results.

It is foreseen 4 days of practical lessons and 1 day of visit to a school or organisation dealing with the subjects of the course. Moments of socialisation have been also foreseen.



## Programme

### Day 1 – 4 hours

#### Teamwork

- Welcome meeting. Presentation of programme. Presentation of participants and sharing expectations
  - Introduction to the course, presentation of participants and sharing expectations
  - Ice-breakers activities to introduce participants, increase relations and create a team
  - Teamwork approach, objectives and phases of group development
  - Teamwork structure. Role division and means management
  - Success factors, limits and obstacles in teamwork
  - Individual value of each team member – Appreciated diversity
- 
- City Tour – 1 extra hour

### Day 2 – 4 hours

#### Team Leader

- Self-Leadership vs. Leadership: the importance of self-knowledge to lead others
- Different leading approaches: advantages and disadvantages
- key attitudes and competencies of a leader
- Boundaries in team leading

### Day 3 – 4 hours

#### Communication

- Different communication styles
- Verbal and Nonverbal communication
- Active listening
- Feedback and Rephrasing to reach out

### Day 4 – 4 hours

#### Motivation

- Self and team motivation
- Progress as a process: the culture of continuous
- Success factors to create and maintain motivation in teamwork
- Triggers and Inhibitors of motivation



KA1 ERASMUS+ COURSES FOR TEACHERS AND TRAINERS  
**TEAM BUILDING IN THE SCHOOL**

**Day 5 – 4 hours**

**Professional visit, Evaluation, Certification and Farewell**

- Visiting a school in Valencia
- Meeting with teachers and students
- Evaluation and certification
  
- Farewell lunch – 3 extra hours approximately

**Quality Commitment**

ESMOVIA, as course provider, commit to respect and follow the quality standards for courses under Key Action 1:

<https://erasmus-plus.ec.europa.eu/resources-and-tools/quality-standards-key-action-1>

**Fees**

Course fee: 423,50 €/participant VAT included. Possibility of invoicing 350,00 €/participant if sending organization has Intracomunitary VAT number. The price includes:

This amount includes:

- Preparation for the course
- Tuition
- Training materials
- Administration costs
- Organizational costs
- Professional visit to school
- City tour in Valencia
- Farewell lunch

**Requirements**

Minimum of 8 participants. For smaller groups, contact us.

**Contact**

Clemence Hugon  
Groups Coordinator  
[hugon@esmovia.es](mailto:hugon@esmovia.es)  
+34 963 38 46 20  
Skype: hugon\_19

**ESMOVIA**  
Training and Mobility

C/ Pintor Martínez Cubells, 2, pta. 6  
46002 Valencia SPAIN  
[www.esmovia.es](http://www.esmovia.es)