



SESS-STRATEGIES FOR EMOTIONAL SUCCESS IN THE SCHOOL

Objectives

The aims of the course are:

- Learn applicable strategies to implement in the classroom
- Foster a creative mindset and learn how to manage individual affective factors such as motivation and self-esteem
- Be challenged to work in teams and learn different components to understanding leadership.

Target group

The training course is addressed to teachers in general, especially teachers that are working as tutors directly with students and therefore have contact with the emotional side more often and potential conflict management situations. The course is recommended for primary and secondary school teachers, university teachers and even teachers at language schools or of private classes.

Language of course

This course will be provided in English by a native speaker. She is American and has many years of experience working with students and teachers who do not speak English as their first language. The language level will be adapted according to the level of comfort of the participants.

Methodology

The approach used is associative learning, through which new theoretical concepts are presented and then instilled through practical application. The strategies implemented are based on the previous professional experiences that the trainer has been accumulating in this field throughout many years of experience with differing groups of people in the educational and coaching fields. The course requires the active participation of the participants to achieve the most satisfactory results for each person! We will constantly debate the effectiveness of these strategies and bring them back to our classrooms to give examples of how we can implement them.



Programme

Day 1 – 4 hours

Emotion Through Motion- the Emotional Side to Learning

- Educational coaching
- KINRGY – emotions, breathe and movement
- Push and pull motivation factors
- Values education
- Tony Robbins Basic Human Needs Analysis

- City Tour – 1 extra hour

Day 2 – 4 hours

Unblocking Your Natural Creative State!

- DESIGN THINKING process
 - Various steps let by trainer
- Cultivating appreciation
- Thinking outside the box
- The Body Keeps Score-releasing your creativity

Day 3 – 4 hours

Socially How I Act

- Leadership styles
 - Compass Points
 - Colors of Leadership
 - Self-esteem
 - Learning styles
 - Conflict Resolution/Management
- Identify factors- components of teams

Day 4 – 4 hours

TEAMWORK makes the DREAM work

- Group dynamics/roles (according to different theories)
- Components of PBL and induced group work
- Goal orientation
- RPM method of planning
- Practical application of the previously learned styles-take-home plan!



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Day 5 – 5 hours

Evaluation, Certification and Cultural immersion

- Visit a school in Valencia
- Evaluation and certification
- Farewell activity

Quality Commitment

ESMOVIA, as course provider, commit to respect and follow the quality standards for courses under Key Action 1:

<https://erasmus-plus.ec.europa.eu/resources-and-tools/quality-standards-key-action-1>

Fees

Course fee: 423,50 €/participant VAT included. Possibility of invoicing 350,00 €/participant if sending organization has Intracomunitary VAT number. The price includes:

This amount includes:

- Preparation for the course
- Tuition
- Training materials
- Administration costs
- Organizational costs
- Professional visit to school
- City tour in Valencia
- Farewell activity

Requirements

Minimum of 8 participants. For smaller groups, contact us.

Contact

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ESMOVIA
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