



4 C'S CREATIVE, COLLABORATIVE, CRITICAL AND COMMUNICATIVE TEACHERS!

Objectives

The aims of the course are:

- Engage in an immersive five-day training with each day dedicated to a specific soft skill, creativity, collaboration, critical thinking, and communication. These are important components of the 21st century that are important for teachers to be successful nowadays. Four days will be dedicated to training and the fifth day is dedicated to intercultural exchanges between the professors and a process of self-evaluation after the training.
- Go deeper into these skills and dedicate time to cultivate the four different skills and be able to replicate the skills when the teachers go back to their home countries and their schools
- Have a daily plan for how to keep training these skills when the teachers leave the course, practicality of these tools and implementation of the 4 C's!
- Tools specifically oriented towards the teachers to help with their level of stress, work, and lack of motivation they can feel at times. After the course each person will have bettered their ability within these four elements of creativity, communicative skills of speaking in public, empathy and intercultural/social components, and personal management of problem-solving, critical thinking, and time-management.
- This training is specifically focused on the teachers so they can replicate this back home with both their students and their fellow colleagues.

Target group

This training course is addressed to teachers in general, especially teachers that have felt low motivation or are overwhelmed by the new challenges that are presented being a teacher in the 21st century. The course is recommended for both primary and secondary teachers, VET teachers, as well as all teachers that need to focus on strengthening these skills and creating a plan for themselves. The most important component of this course is that the teachers are interested and excited to better themselves in these four skill categories and are ready to create a personalized specific plan for when they go back home.

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Language of course

This course will be provided in English. The trainer has many years of experience working with students and teachers who do not speak English as their first language. The language level will be adapted according to the level of comfort of the participants, of course! Emphasis will be placed on non-verbal communication as well through gestures, smiles, and movement.

Methodology

The approach used is highly practical and based on the previous professional experiences that the trainer has accumulated. This course focuses on engaging the participants in an active way through practical implementation of techniques and planning. There will always be a theoretical component, however the focus will be placed on putting these four skills into practice. This course requires the active participation and interest of the group members to achieve the most satisfactory results!! This course will be adapted based on the needs of the participants as they arise, always with the focus on these four skills. The organization of this course is subject to change based on the specific needs of the participants.

Programme

Day 1 – 3 hours

Unlocking your natural you

21st century soft skill CREATIVITY

- Understanding and implementation of a new step process DESIGN THINKING
- Varied activities to activate the creative side of the brain, less instructions
- Visual and auditory stimulation to help reach new innovative solutions
 - i. Assumption Busting
 - ii. Brain Sketching
 - iii. Exaggeration
 - iv. Laddering
 - v. Reverse Brainstorming
- Daily practices to maintain creative 'juice'

Learning Outcomes:

- ✓ Realize creativity is something we cultivate
- ✓ Learn and understand new methodologies to implement in teams to stimulate creativity
- ✓ Ability to replicate design thinking process after having practiced and lived it

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Day 2 – 4 hours

Change the way you look at things and the things you look at change

21st century soft skill COLLABORATION

- Points of You photo methodology to stimulate empathy conversation
- Hoffman's Theory of Moral Development
 - i. Mimicry
 - ii. Classical Conditioning
 - iii. Direct Association
 - iv. Mediated Association
 - v. Role-Taking
- Different types of empathy
 - i. Cognitive
 - ii. Emotional
 - iii. Compassionate
- Daily practices to train empathy

Learning Outcomes:

- ✓ Become aware of the different facets of empathy and how to stimulate them
- ✓ Acquire new knowledge and resources about how to train empathy
- ✓ Understand the limitations of empathy

Day 3 – 4 hours

Tackle with a plan!

21st century soft skill CRITICAL THINKING

- Socratic seminar
 - Toolkit of critical thinking
 - Creating autonomy amongst the students- quality questions
- Problem Solving
 - Various methods of problem solving
 - Different practices to follow to implement in the schools
 - Individual choice of which one to implement in the classroom
- Time Management
 - Tony Robbins RPM method for managing your focus
 - Chunking process for small steps for incremental implementation

Learning Outcomes:

- ✓ Toolkit to help foster autonomous student capabilities
- ✓ Individualized choice of problem-solving method after being exposed to many different ones
- ✓ Specific easy to start plan for managing your focus, not your time- managing your energy and your focus, when then translates into your time



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Day 4 – 4 hours

Get in front of them!

21st century soft skill COMMUNICATION

- Major communication theories that impact education
 - i. Persuasion Theory (Aristotle)
 - ii. Theory of Reasoned Action (Fishbein)
 - iii. Social Learning Theory (Bandura)
 - iv. Diffusion Theory (Rogers)
- Components of communication and facets
 - i. Impact of relevance, incremental learning, and distributed learning
 - ii. Aristotle's Model- speaker, speech/message, audience, effect, and occasion
- Tricks to tackle public speaking
- Tony Robbins 'chunking' model to plan with incremental small steps to practice and improve

Learning Outcomes:

- ✓ Understand deeper the facets of communication and how these affect our message and audience
- ✓ Tricks of how to overcome fear of public speaking
- ✓ Practice and implement in front of others- bring this back to your home country and school to get better and feel more comfortable!

Day 5 – 4 hours

Practical session

- Visit a school in Valencia
- Evaluation and certification
- Farewell activity

Learning Outcomes:

- ✓ Foster intercultural exchanges between different cultures and countries
- ✓ Go deeper into how to give and receive feedback
- ✓ Engage in a process of self-reflection through open conversations and new cultural experiences

Quality Commitment

ESMOVIA, as course provider, commit to respect and follow the quality standards for courses under Key Action 1:

<https://erasmus-plus.ec.europa.eu/resources-and-tools/quality-standards-key-action-1>

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Fees

Course fee: 423,50 €/participant VAT included. Possibility of invoicing 350,00 €/participant if sending organization has Intracomunitary VAT number. The price includes:

This amount includes:

- Preparation for the course
- Tuition
- Training materials
- Administration costs
- Organizational costs
- Professional visit to school
- City tour in Valencia
- Farewell activity

Requirements

Minimum of 8 participants. For smaller groups, contact us.

Contact

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